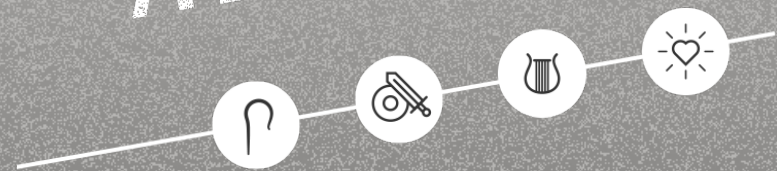




# Raised

through

# ADVERSITY



RADIANT GROUPS SPRING 2021  
SERMON SERIES STUDY GUIDE

# RAISED THROUGH ADVERSITY

## SPRING 2021 RADIANT GROUPS

Use this sermon schedule to guide your small group time.

### JANUARY

31 1 Samuel Intro p. 11

### FEBRUARY

7 1 Samuel 15 p. 12–15

14 1 Samuel 16 p. 16–19

21 1 Samuel 17 p. 20–25

28 1 Samuel 18–19 p. 26–31

### MARCH

7 1 Samuel 20 p. 32–35

14 1 Samuel 21:1–22:5 p. 36–39

21 1 Samuel 22:6–23 p. 40–43

28 1 Samuel 23 p. 44–47

### APRIL

4 Jesus, Son of David

11 1 Samuel 24–26 p. 48–55

18 1 Samuel 27–28:2 p. 56–59

25 1 Samuel 28:3–25 p. 60–63

### MAY

2 1 Samuel 29 p. 64–67

9 1 Samuel 30 p. 68–71

16 1 Samuel 31 p. 72–75

# WHY SERMON-BASED SMALL GROUPS?

Sermon-based small groups are designed to help us know God, learn what He says and grow our faith through His truth.

In small groups, we want to study God's Word and know what the Bible says. We don't want to base our lives on man's wisdom or the experience of others. We want to know God and press the truth of His Word into one another. His wisdom is beyond this world and He has the power to transform lives.

Something powerful happens when we study a passage on our own, hear the same passage on Sunday and then discuss it with our small group. This style of study keeps God's Word in front of us through repetition. Over the course of one week, sermon-based small groups are designed to engage the same passage three times through *observation, interpretation and application*.

Regardless of stage of life, spiritual maturity or personal circumstances, sermon-based small groups provide a simple structure to think deeply about the Lord and do what He says. When members in a small group share their lives, apply God's Word, serve one another and depend on God, the Lord will do a mighty work.

# HOW DOES A SERMON-BASED STUDY WORK?

Whether you've studied God's Word for years or are newer in your faith, this study is designed to help you read, understand and apply God's Word.

## ***PERSONAL STUDY: What does this passage say?***

Study the passage on your own before hearing the message on Sunday. Read slowly and look for details. Use this study guide to highlight or underline key words or phrases that stand out. Then use the notes page to write down thoughts or questions. As you study the passage on your own, this provides familiarity and leads to curiosity as you have questions about the text. We believe your personal study throughout the week will prepare you for Sunday's sermon.

## ***SUNDAY SERMON: What does this passage mean?***

The sermon is intended to teach the meaning of the text and to call you to respond. Often, the sermon helps clarify the author's intent and moves us from *observation* to *interpretation*. Working through the same passage—as a reader and listener—allows you to engage God's Word on a deeper level. If you miss the sermon, we encourage you to listen to it or watch it on our website prior to small group.

## ***SMALL GROUP: How does this passage impact us?***

The final part of this study will bring together your personal study and Sunday's sermon as you discuss and apply this passage with your small group. The goal of small group isn't to rehash the sermon but to work together to press the truth of God's Word into each other's lives. We don't want to be hearers of the Word only. We want to be doers of the Word and allow Scripture to shape our lives.

# RAISED THROUGH ADVERSITY

Radiant Groups,

I am so glad you are in a small group. One thing 2020 taught us is that we need people in our life. God has made us for community. It's not good to be alone. Even if your group changes the way it meets together, the goal is still the same. We want to connect relationally so we can grow spiritually.

Relationships are a significant theme woven throughout the life of David. When David was at his best, he was surrounded by trusted advisors and mighty men. But when he was alone, he fell into despair and trouble. David is no different than us. Relationships matter.

One of the greatest joys in small group is when you share the ups and downs of life. Life has a way of knocking us down. When you are down, you need others to pick you up. And when you are up, you can come alongside those who are down and lift them up. You don't just need others; you are created for one another. This is what it means to be a family and belong to one another.

Relationships take work. And some relationships are more natural than others. But life is always better together. Small groups are the place where we go beyond the surface and stop pretending everything is always fine.

As you enter 1 Samuel, my prayer is that you will experience deep, life-giving relationships as you step into the lives of your group and lift each other up. Don't be satisfied with shallow and empty relationships. Go deeper. Be real. Like David, have mighty men and women surrounding you and speaking into your life. Relationships aren't a nice add-on to the Christian life; they're essential to your soul.

My prayer is that when life knocks us down, we will be there for one another. This is what it means to be the church and share our lives together.

Pastor Eric

# THE LIFE OF DAVID

In many ways, David was an extraordinary man. As the youngest of eight brothers, he was intelligent, strong, handsome and charismatic. Though he was overlooked by his own father, David was anointed to be the king over Israel. From protecting a small flock of sheep to ruling the kingdom, David's life drastically changed as God brought him out of the grassy field to lead the nation of Israel.

David is one of the most fascinating men to ever live. He displayed many talents as a gifted musician, inspired poet, courageous warrior and determined leader. He was also a loyal friend and skilled administrator. Yet, David was far from perfect.

When you encounter the life of David, you meet a man who lived through trials and tears. Though David was a national hero and Israel's greatest king, his personal life was rocked by chaos, destructive passions and tragedy. He was unfaithful as a husband and had many regrets as a father. After years of battle and a sinister plot of murder, so much blood was on David's hands that God did not allow him to build the holy temple. Throughout his life he endured dysfunction, loneliness and despair. Yet, during these dark moments, David remained faithful to God.

David is the only person in Scripture called "a man after God's own heart". In the pages of the New Testament, he is mentioned more than anyone from the Old Testament. We can learn a lot from David and Scripture isn't afraid to show us his sin. In many ways, David lived a troubled life, yet his passion for God did not waiver. David's life offers hope to all of us. It shows how devotion doesn't mean perfection. It demonstrates the steadfast love of God in the midst of our weakness and failure.

# HOW TO READ 1 SAMUEL

The Bible is the lens by which we want to view our lives and the source that informs how we should live. As we see Scripture unfold, we see God's faithfulness to His promises. The wisdom we find in His Word is beyond this world. His voice has the power to transform and change lives. His truth can bring hope and healing.

**To make the most of your small group, come ready to share one takeaway and one question from the passage each week. Here are five questions to help you:**

**What stands out in the passage?** When reading narrative, the best interpretation is usually a literal and straightforward reading of the text. As you read, look for key words or actions that stand out. As narrative, put yourself in the story and pay attention to details that help make the passage come alive.

**What does this passage tell you about God?** By reading God's Word, we get to know Him: what's important to Him, how He has worked in this world, how people have interacted with Him and what He will do in the future. God is the main character of every passage. Look to see how God is working.

**How does this passage fit the larger story?** The Bible is not a collection of random stories. It's one story that traces the active working of God to reconcile people to Himself to the praise of His glory. It's filled with real places, authentic people and historical events that reveal the larger story of God's redemptive plan. This means each passage contributes to this grand story and points to a Savior.

**What does this passage show you about people?** God works in all sorts of ways but above all, God works through people. As you read, look at each person and consider what they are saying and what they are doing. Examine the purpose of each person mentioned and how they contribute to the message of the passage. Put yourself in the text and imagine how you would respond in the passage.

**What do I do, say, think or feel?** Ask the Holy Spirit to help you respond to the text. Share this with your small group so they can encourage you and hold you accountable for areas of spiritual growth. Together, we want to press the truth of God's Word into the lives of one another.







**15** And Samuel said to Saul, "The Lord sent me to anoint you king over his people Israel; now therefore listen to the words of the Lord. <sup>2</sup> Thus says the Lord of hosts, 'I have noted what Amalek did to Israel in opposing them on the way when they came up out of Egypt. <sup>3</sup> Now go and strike Amalek and devote to destruction all that they have. Do not spare them, but kill both man and woman, child and infant, ox and sheep, camel and donkey!'"

<sup>4</sup> So Saul summoned the people and numbered them in Telaim, two hundred thousand men on foot, and ten thousand men of Judah. <sup>5</sup> And Saul came to the city of Amalek and lay in wait in the valley. <sup>6</sup> Then Saul said to the Kenites, "Go, depart; go down from among the Amalekites, lest I destroy you with them. For you showed kindness to all the people of Israel when they came up out of Egypt." So the Kenites departed from among the Amalekites. <sup>7</sup> And Saul defeated the Amalekites from Havilah as far as Shur, which is east of Egypt. <sup>8</sup> And he took Agag the king of the Amalekites alive and devoted to destruction all the people with the edge of the sword. <sup>9</sup> But Saul and the people spared Agag and the best of the sheep and of the oxen and of the fattened calves and the lambs, and all that was good, and would not utterly destroy them. All that was despised and worthless they devoted to destruction.

<sup>10</sup> The word of the Lord came to Samuel: <sup>11</sup> "I regret that I have made Saul king, for he has turned back from following me and has not performed my commandments." And Samuel was angry, and he cried to the Lord all night. <sup>12</sup> And Samuel rose early to meet Saul in the morning. And it was told Samuel, "Saul came to Carmel, and behold, he set up a monument for himself and turned and passed on and went down to Gilgal." <sup>13</sup> And Samuel came to Saul, and Saul said to him, "Blessed be you to the Lord. I have performed the commandment of the Lord." <sup>14</sup> And Samuel said, "What then is this bleating of the sheep in my ears and the lowing of the oxen that I hear?" <sup>15</sup> Saul said, "They have brought them from the Amalekites, for the people spared the best of the sheep and of the oxen to sacrifice to the Lord your God, and the rest we have devoted to destruction." <sup>16</sup> Then Samuel said to Saul, "Stop! I will tell you what the Lord said to me this night." And he said to him, "Speak."

<sup>17</sup> And Samuel said, "Though you are little in your own eyes, are you not the head of the tribes of Israel? The Lord anointed you king over Israel. <sup>18</sup> And the Lord sent you on a mission and said, 'Go, devote to destruction the sinners, the Amalekites, and fight against them until they are consumed.' <sup>19</sup> Why then did you not obey the voice of the Lord? Why did you pounce on the spoil and do what was evil in the sight of the Lord?"

<sup>20</sup> And Saul said to Samuel, "I have obeyed the voice of the Lord. I have gone on the mission on which the Lord sent me. I have brought Agag the king of Amalek, and I have devoted the Amalekites to destruction. <sup>21</sup> But the people took of the spoil, sheep and oxen, the best of the things devoted to destruction, to sacrifice to the Lord your God in Gilgal." <sup>22</sup> And Samuel said,

"Has the Lord as great delight in burnt offerings and sacrifices,  
as in obeying the voice of the Lord?

Behold, to obey is better than sacrifice,  
and to listen than the fat of rams.

<sup>23</sup> For rebellion is as the sin of divination,  
and presumption is as iniquity and idolatry.  
Because you have rejected the word of the Lord,  
he has also rejected you from being king."

<sup>24</sup> Saul said to Samuel, "I have sinned, for I have transgressed the commandment of the Lord and your words, because I feared the people and obeyed their voice. <sup>25</sup> Now therefore, please pardon my sin and return with me that I may bow before the Lord." <sup>26</sup> And Samuel said to Saul, "I will not return with you. For you have rejected the word of the Lord, and the Lord has rejected you from being king over Israel." <sup>27</sup> As Samuel turned to go away, Saul seized the skirt of his robe, and it tore. <sup>28</sup> And Samuel said to him, "The Lord has torn the kingdom of Israel from you this day and has given it to a neighbor of yours, who is better than you. <sup>29</sup> And also the Glory of Israel will not lie or have regret, for he is not a man, that he should have regret."

<sup>30</sup> Then he said, "I have sinned; yet honor me now before the elders of my people and before Israel, and return with me, that I may bow before the Lord your God." <sup>31</sup> So Samuel turned back after Saul, and Saul bowed before the Lord.

<sup>32</sup> Then Samuel said, "Bring here to me Agag the king of the Amalekites." And Agag came to him cheerfully. Agag said, "Surely the bitterness of death is past." <sup>33</sup> And Samuel said, "As your sword has made women childless, so shall your mother be childless among women." And Samuel hacked Agag to pieces before the Lord in Gilgal.

<sup>34</sup> Then Samuel went to Ramah, and Saul went up to his house in Gibeah of Saul. <sup>35</sup> And Samuel did not see Saul again until the day of his death, but Samuel grieved over Saul. And the Lord regretted that he had made Saul king over Israel.





**16** The Lord said to Samuel, "How long will you grieve over Saul, since I have rejected him from being king over Israel? Fill your horn with oil, and go. I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." <sup>2</sup> And Samuel said, "How can I go? If Saul hears it, he will kill me." And the Lord said, "Take a heifer with you and say, 'I have come to sacrifice to the Lord.'" <sup>3</sup> And invite Jesse to the sacrifice, and I will show you what you shall do. And you shall anoint for me him whom I declare to you." <sup>4</sup> Samuel did what the Lord commanded and came to Bethlehem. The elders of the city came to meet him trembling and said, "Do you come peaceably?" <sup>5</sup> And he said, "Peaceably; I have come to sacrifice to the Lord. Consecrate yourselves, and come with me to the sacrifice." And he consecrated Jesse and his sons and invited them to the sacrifice.

<sup>6</sup> When they came, he looked on Eliab and thought, "Surely the Lord's anointed is before him." <sup>7</sup> But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart." <sup>8</sup> Then Jesse called Abinadab and made him pass before Samuel. And he said, "Neither has the Lord chosen this one." <sup>9</sup> Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." <sup>10</sup> And Jesse made seven of his sons pass before Samuel. And Samuel said to Jesse, "The Lord has not chosen these." <sup>11</sup> Then Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but behold, he is keeping the sheep." And Samuel said to Jesse, "Send and get him, for we will not sit down till he comes here." <sup>12</sup> And he sent and brought him in. Now he was ruddy and had beautiful eyes and was handsome. And the Lord said, "Arise, anoint him, for this is he." <sup>13</sup> Then Samuel took the horn of oil and anointed him in the midst of his brothers. And the Spirit of the Lord rushed upon David from that day forward. And Samuel rose up and went to Ramah.

<sup>14</sup> Now the Spirit of the Lord departed from Saul, and a harmful spirit from the Lord tormented him. <sup>15</sup> And Saul's servants said to him, "Behold now, a harmful spirit from God is tormenting you." <sup>16</sup> Let our lord now command your servants who are before you to seek out a man who is skillful in playing the lyre, and when the harmful spirit from God is upon you, he will play it, and you will be well." <sup>17</sup> So Saul said to his servants, "Provide for me a man who can play well and bring him to me." <sup>18</sup> One of the young men answered, "Behold, I have seen a son of Jesse the Bethlehemite, who is skillful in playing, a man of valor, a man of war, prudent in speech, and a man of good presence, and the Lord is with him." <sup>19</sup> Therefore Saul sent messengers to Jesse and said, "Send me David your son, who is with the

sheep." <sup>20</sup> And Jesse took a donkey laden with bread and a skin of wine and a young goat and sent them by David his son to Saul. <sup>21</sup> And David came to Saul and entered his service. And Saul loved him greatly, and he became his armor-bearer. <sup>22</sup> And Saul sent to Jesse, saying, "Let David remain in my service, for he has found favor in my sight." <sup>23</sup> And whenever the harmful spirit from God was upon Saul, David took the lyre and played it with his hand. So Saul was refreshed and was well, and the harmful spirit departed from him.







**17** Now the Philistines gathered their armies for battle. And they were gathered at Socoh, which belongs to Judah, and encamped between Socoh and Azekah, in Ephes-dammim. <sup>2</sup> And Saul and the men of Israel were gathered, and encamped in the Valley of Elah, and drew up in line of battle against the Philistines. <sup>3</sup> And the Philistines stood on the mountain on the one side, and Israel stood on the mountain on the other side, with a valley between them. <sup>4</sup> And there came out from the camp of the Philistines a champion named Goliath of Gath, whose height was six cubits and a span. <sup>5</sup> He had a helmet of bronze on his head, and he was armed with a coat of mail, and the weight of the coat was five thousand shekels of bronze. <sup>6</sup> And he had bronze armor on his legs, and a javelin of bronze slung between his shoulders. <sup>7</sup> The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron. And his shield-bearer went before him. <sup>8</sup> He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. <sup>9</sup> If he is able to fight with me and kill me, then we will be your servants. But if I prevail against him and kill him, then you shall be our servants and serve us." <sup>10</sup> And the Philistine said, "I defy the ranks of Israel this day. Give me a man, that we may fight together." <sup>11</sup> When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid.

<sup>12</sup> Now David was the son of an Ephrathite of Bethlehem in Judah, named Jesse, who had eight sons. In the days of Saul the man was already old and advanced in years. <sup>13</sup> The three oldest sons of Jesse had followed Saul to the battle. And the names of his three sons who went to the battle were Eliab the firstborn, and next to him Abinadab, and the third Shammah. <sup>14</sup> David was the youngest. The three eldest followed Saul, <sup>15</sup> but David went back and forth from Saul to feed his father's sheep at Bethlehem. <sup>16</sup> For forty days the Philistine came forward and took his stand, morning and evening.

<sup>17</sup> And Jesse said to David his son, "Take for your brothers an ephah of this parched grain, and these ten loaves, and carry them quickly to the camp to your brothers. <sup>18</sup> Also take these ten cheeses to the commander of their thousand. See if your brothers are well, and bring some token from them."

<sup>19</sup> Now Saul and they and all the men of Israel were in the Valley of Elah, fighting with the Philistines. <sup>20</sup> And David rose early in the morning and left the sheep with a keeper and took the provisions and went, as Jesse had commanded him. And he came to the encampment as the host was going out to the battle line, shouting the war cry. <sup>21</sup> And Israel and the Philistines drew up for battle, army against army. <sup>22</sup> And David left the things in charge

of the keeper of the baggage and ran to the ranks and went and greeted his brothers. <sup>23</sup> As he talked with them, behold, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines and spoke the same words as before. And David heard him. <sup>24</sup> All the men of Israel, when they saw the man, fled from him and were much afraid. <sup>25</sup> And the men of Israel said, "Have you seen this man who has come up? Surely he has come up to defy Israel. And the king will enrich the man who kills him with great riches and will give him his daughter and make his father's house free in Israel." <sup>26</sup> And David said to the men who stood by him, "What shall be done for the man who kills this Philistine and takes away the reproach from Israel? For who is this uncircumcised Philistine, that he should defy the armies of the living God?" <sup>27</sup> And the people answered him in the same way, "So shall it be done to the man who kills him."

<sup>28</sup> Now Eliab his eldest brother heard when he spoke to the men. And Eliab's anger was kindled against David, and he said, "Why have you come down? And with whom have you left those few sheep in the wilderness? I know your presumption and the evil of your heart, for you have come down to see the battle." <sup>29</sup> And David said, "What have I done now? Was it not but a word?" <sup>30</sup> And he turned away from him toward another, and spoke in the same way, and the people answered him again as before.

<sup>31</sup> When the words that David spoke were heard, they repeated them before Saul, and he sent for him. <sup>32</sup> And David said to Saul, "Let no man's heart fail because of him. Your servant will go and fight with this Philistine." <sup>33</sup> And Saul said to David, "You are not able to go against this Philistine to fight with him, for you are but a youth, and he has been a man of war from his youth." <sup>34</sup> But David said to Saul, "Your servant used to keep sheep for his father. And when there came a lion, or a bear, and took a lamb from the flock, <sup>35</sup> I went after him and struck him and delivered it out of his mouth. And if he arose against me, I caught him by his beard and struck him and killed him. <sup>36</sup> Your servant has struck down both lions and bears, and this uncircumcised Philistine shall be like one of them, for he has defied the armies of the living God." <sup>37</sup> And David said, "The Lord who delivered me from the paw of the lion and from the paw of the bear will deliver me from the hand of this Philistine." And Saul said to David, "Go, and the Lord be with you!"

<sup>38</sup> Then Saul clothed David with his armor. He put a helmet of bronze on his head and clothed him with a coat of mail, <sup>39</sup> and David strapped his sword over his armor. And he tried in vain to go, for he had not tested them. Then David said to Saul, "I cannot go with these, for I have not tested them."

So David put them off. <sup>40</sup> Then he took his staff in his hand and chose five smooth stones from the brook and put them in his shepherd's pouch. His sling was in his hand, and he approached the Philistine.

<sup>41</sup> And the Philistine moved forward and came near to David, with his shield-bearer in front of him. <sup>42</sup> And when the Philistine looked and saw David, he disdained him, for he was but a youth, ruddy and handsome in appearance. <sup>43</sup> And the Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David by his gods. <sup>44</sup> The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the beasts of the field." <sup>45</sup> Then David said to the Philistine, "You come to me with a sword and with a spear and with a javelin, but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. <sup>46</sup> This day the Lord will deliver you into my hand, and I will strike you down and cut off your head. And I will give the dead bodies of the host of the Philistines this day to the birds of the air and to the wild beasts of the earth, that all the earth may know that there is a God in Israel, <sup>47</sup> and that all this assembly may know that the Lord saves not with sword and spear. For the battle is the Lord's, and he will give you into our hand."

<sup>48</sup> When the Philistine arose and came and drew near to meet David, David ran quickly toward the battle line to meet the Philistine. <sup>49</sup> And David put his hand in his bag and took out a stone and slung it and struck the Philistine on his forehead. The stone sank into his forehead, and he fell on his face to the ground.

<sup>50</sup> So David prevailed over the Philistine with a sling and with a stone, and struck the Philistine and killed him. There was no sword in the hand of David. <sup>51</sup> Then David ran and stood over the Philistine and took his sword and drew it out of its sheath and killed him and cut off his head with it. When the Philistines saw that their champion was dead, they fled. <sup>52</sup> And the men of Israel and Judah rose with a shout and pursued the Philistines as far as Gath and the gates of Ekron, so that the wounded Philistines fell on the way from Shaaraim as far as Gath and Ekron. <sup>53</sup> And the people of Israel came back from chasing the Philistines, and they plundered their camp. <sup>54</sup> And David took the head of the Philistine and brought it to Jerusalem, but he put his armor in his tent.

<sup>55</sup> As soon as Saul saw David go out against the Philistine, he said to Abner, the commander of the army, "Abner, whose son is this youth?" And Abner said, "As your soul lives, O king, I do not know." <sup>56</sup> And the king said, "Inquire whose son the boy is." <sup>57</sup> And as soon as David returned from the striking

down of the Philistine, Abner took him, and brought him before Saul with the head of the Philistine in his hand. <sup>58</sup> And Saul said to him, "Whose son are you, young man?" And David answered, "I am the son of your servant Jesse the Bethlehemite."







**18** As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. <sup>2</sup> And Saul took him that day and would not let him return to his father's house. <sup>3</sup> Then Jonathan made a covenant with David, because he loved him as his own soul. <sup>4</sup> And Jonathan stripped himself of the robe that was on him and gave it to David, and his armor, and even his sword and his bow and his belt. <sup>5</sup> And David went out and was successful wherever Saul sent him, so that Saul set him over the men of war. And this was good in the sight of all the people and also in the sight of Saul's servants.

<sup>6</sup> As they were coming home, when David returned from striking down the Philistine, the women came out of all the cities of Israel, singing and dancing, to meet King Saul, with tambourines, with songs of joy, and with musical instruments. <sup>7</sup> And the women sang to one another as they celebrated,

"Saul has struck down his thousands,  
and David his ten thousands."

<sup>8</sup> And Saul was very angry, and this saying displeased him. He said, "They have ascribed to David ten thousands, and to me they have ascribed thousands, and what more can he have but the kingdom?" <sup>9</sup> And Saul eyed David from that day on.

<sup>10</sup> The next day a harmful spirit from God rushed upon Saul, and he raved within his house while David was playing the lyre, as he did day by day. Saul had his spear in his hand. <sup>11</sup> And Saul hurled the spear, for he thought, "I will pin David to the wall." But David evaded him twice.

<sup>12</sup> Saul was afraid of David because the Lord was with him but had departed from Saul. <sup>13</sup> So Saul removed him from his presence and made him a commander of a thousand. And he went out and came in before the people.

<sup>14</sup> And David had success in all his undertakings, for the Lord was with him.

<sup>15</sup> And when Saul saw that he had great success, he stood in fearful awe of him. <sup>16</sup> But all Israel and Judah loved David, for he went out and came in before them.

<sup>17</sup> Then Saul said to David, "Here is my elder daughter Merab. I will give her to you for a wife. Only be valiant for me and fight the Lord's battles." For Saul thought, "Let not my hand be against him, but let the hand of the Philistines be against him." <sup>18</sup> And David said to Saul, "Who am I, and who

are my relatives, my father's clan in Israel, that I should be son-in-law to the king?"<sup>19</sup> But at the time when Merab, Saul's daughter, should have been given to David, she was given to Adriel the Meholathite for a wife.

<sup>20</sup> Now Saul's daughter Michal loved David. And they told Saul, and the thing pleased him. <sup>21</sup> Saul thought, "Let me give her to him, that she may be a snare for him and that the hand of the Philistines may be against him." Therefore Saul said to David a second time, "You shall now be my son-in-law."<sup>22</sup> And Saul commanded his servants, "Speak to David in private and say, 'Behold, the king has delight in you, and all his servants love you. Now then become the king's son-in-law.'" <sup>23</sup> And Saul's servants spoke those words in the ears of David. And David said, "Does it seem to you a little thing to become the king's son-in-law, since I am a poor man and have no reputation?"<sup>24</sup> And the servants of Saul told him, "Thus and so did David speak."<sup>25</sup> Then Saul said, "Thus shall you say to David, 'The king desires no bride-price except a hundred foreskins of the Philistines, that he may be avenged of the king's enemies.'" Now Saul thought to make David fall by the hand of the Philistines. <sup>26</sup> And when his servants told David these words, it pleased David well to be the king's son-in-law. Before the time had expired, <sup>27</sup> David arose and went, along with his men, and killed two hundred of the Philistines. And David brought their foreskins, which were given in full number to the king, that he might become the king's son-in-law. And Saul gave him his daughter Michal for a wife. <sup>28</sup> But when Saul saw and knew that the Lord was with David, and that Michal, Saul's daughter, loved him, <sup>29</sup> Saul was even more afraid of David. So Saul was David's enemy continually.

<sup>30</sup> Then the commanders of the Philistines came out to battle, and as often as they came out David had more success than all the servants of Saul, so that his name was highly esteemed.

**19** And Saul spoke to Jonathan his son and to all his servants, that they should kill David. But Jonathan, Saul's son, delighted much in David. <sup>2</sup> And Jonathan told David, "Saul my father seeks to kill you. Therefore be on your guard in the morning. Stay in a secret place and hide yourself. <sup>3</sup> And I will go out and stand beside my father in the field where you are, and I will speak to my father about you. And if I learn anything I will tell you." <sup>4</sup> And Jonathan spoke well of David to Saul his father and said to him, "Let not the king sin against his servant David, because he has not sinned against you, and because his deeds have brought good to you. <sup>5</sup> For he took his life in his hand and he struck down the Philistine, and the Lord worked a great salvation for all Israel. You saw it, and rejoiced. Why then will you sin against innocent blood by killing David without cause?" <sup>6</sup> And Saul listened to the voice of Jonathan. Saul swore, "As the Lord lives, he shall not be put to death." <sup>7</sup> And Jonathan called David, and Jonathan reported to him all these things. And Jonathan brought David to Saul, and he was in his presence as before.

<sup>8</sup> And there was war again. And David went out and fought with the Philistines and struck them with a great blow, so that they fled before him. <sup>9</sup> Then a harmful spirit from the Lord came upon Saul, as he sat in his house with his spear in his hand. And David was playing the lyre. <sup>10</sup> And Saul sought to pin David to the wall with the spear, but he eluded Saul, so that he struck the spear into the wall. And David fled and escaped that night.

<sup>11</sup> Saul sent messengers to David's house to watch him, that he might kill him in the morning. But Michal, David's wife, told him, "If you do not escape with your life tonight, tomorrow you will be killed." <sup>12</sup> So Michal let David down through the window, and he fled away and escaped. <sup>13</sup> Michal took an image and laid it on the bed and put a pillow of goats' hair at its head and covered it with the clothes. <sup>14</sup> And when Saul sent messengers to take David, she said, "He is sick." <sup>15</sup> Then Saul sent the messengers to see David, saying, "Bring him up to me in the bed, that I may kill him." <sup>16</sup> And when the messengers came in, behold, the image was in the bed, with the pillow of goats' hair at its head. <sup>17</sup> Saul said to Michal, "Why have you deceived me thus and let my enemy go, so that he has escaped?" And Michal answered Saul, "He said to me, 'Let me go. Why should I kill you?'"

<sup>18</sup> Now David fled and escaped, and he came to Samuel at Ramah and told him all that Saul had done to him. And he and Samuel went and lived at Naioth. <sup>19</sup> And it was told Saul, "Behold, David is at Naioth in Ramah."

<sup>20</sup> Then Saul sent messengers to take David, and when they saw the

company of the prophets prophesying, and Samuel standing as head over them, the Spirit of God came upon the messengers of Saul, and they also prophesied. <sup>21</sup> When it was told Saul, he sent other messengers, and they also prophesied. And Saul sent messengers again the third time, and they also prophesied. <sup>22</sup> Then he himself went to Ramah and came to the great well that is in Secu. And he asked, "Where are Samuel and David?" And one said, "Behold, they are at Naioth in Ramah." <sup>23</sup> And he went there to Naioth in Ramah. And the Spirit of God came upon him also, and as he went he prophesied until he came to Naioth in Ramah. <sup>24</sup> And he too stripped off his clothes, and he too prophesied before Samuel and lay naked all that day and all that night. Thus it is said, "Is Saul also among the prophets?"





**20** Then David fled from Naioth in Ramah and came and said before Jonathan, "What have I done? What is my guilt? And what is my sin before your father, that he seeks my life?" <sup>2</sup> And he said to him, "Far from it! You shall not die. Behold, my father does nothing either great or small without disclosing it to me. And why should my father hide this from me? It is not so." <sup>3</sup> But David vowed again, saying, "Your father knows well that I have found favor in your eyes, and he thinks, 'Do not let Jonathan know this, lest he be grieved.' But truly, as the Lord lives and as your soul lives, there is but a step between me and death." <sup>4</sup> Then Jonathan said to David, "Whatever you say, I will do for you." <sup>5</sup> David said to Jonathan, "Behold, tomorrow is the new moon, and I should not fail to sit at table with the king. But let me go, that I may hide myself in the field till the third day at evening." <sup>6</sup> If your father misses me at all, then say, 'David earnestly asked leave of me to run to Bethlehem his city, for there is a yearly sacrifice there for all the clan.' <sup>7</sup> If he says, 'Good!' it will be well with your servant, but if he is angry, then know that harm is determined by him. <sup>8</sup> Therefore deal kindly with your servant, for you have brought your servant into a covenant of the Lord with you. But if there is guilt in me, kill me yourself, for why should you bring me to your father?" <sup>9</sup> And Jonathan said, "Far be it from you! If I knew that it was determined by my father that harm should come to you, would I not tell you?" <sup>10</sup> Then David said to Jonathan, "Who will tell me if your father answers you roughly?" <sup>11</sup> And Jonathan said to David, "Come, let us go out into the field." So they both went out into the field.

<sup>12</sup> And Jonathan said to David, "The Lord, the God of Israel, be witness! When I have sounded out my father, about this time tomorrow, or the third day, behold, if he is well disposed toward David, shall I not then send and disclose it to you?" <sup>13</sup> But should it please my father to do you harm, the Lord do so to Jonathan and more also if I do not disclose it to you and send you away, that you may go in safety. May the Lord be with you, as he has been with my father. <sup>14</sup> If I am still alive, show me the steadfast love of the Lord, that I may not die; <sup>15</sup> and do not cut off your steadfast love from my house forever, when the Lord cuts off every one of the enemies of David from the face of the earth." <sup>16</sup> And Jonathan made a covenant with the house of David, saying, "May the Lord take vengeance on David's enemies." <sup>17</sup> And Jonathan made David swear again by his love for him, for he loved him as he loved his own soul.

<sup>18</sup> Then Jonathan said to him, "Tomorrow is the new moon, and you will be missed, because your seat will be empty." <sup>19</sup> On the third day go down quickly to the place where you hid yourself when the matter was in hand, and remain beside the stone heap. <sup>20</sup> And I will shoot three arrows to the side of it, as though I shot at a mark. <sup>21</sup> And behold, I will send the boy, saying, 'Go, find the arrows.' If I say to the boy, 'Look, the arrows are on this side of you, take them,' then you are to come, for, as the Lord lives, it is safe for you and there is no danger. <sup>22</sup> But if I say to the youth, 'Look, the arrows

are beyond you,' then go, for the Lord has sent you away.<sup>23</sup> And as for the matter of which you and I have spoken, behold, the Lord is between you and me forever."

<sup>24</sup> So David hid himself in the field. And when the new moon came, the king sat down to eat food.<sup>25</sup> The king sat on his seat, as at other times, on the seat by the wall. Jonathan sat opposite, and Abner sat by Saul's side, but David's place was empty.

<sup>26</sup> Yet Saul did not say anything that day, for he thought, "Something has happened to him. He is not clean; surely he is not clean."<sup>27</sup> But on the second day, the day after the new moon, David's place was empty. And Saul said to Jonathan his son, "Why has not the son of Jesse come to the meal, either yesterday or today?"<sup>28</sup> Jonathan answered Saul, "David earnestly asked leave of me to go to Bethlehem."<sup>29</sup> He said, 'Let me go, for our clan holds a sacrifice in the city, and my brother has commanded me to be there. So now, if I have found favor in your eyes, let me get away and see my brothers.' For this reason he has not come to the king's table."

<sup>30</sup> Then Saul's anger was kindled against Jonathan, and he said to him, "You son of a perverse, rebellious woman, do I not know that you have chosen the son of Jesse to your own shame, and to the shame of your mother's nakedness?"<sup>31</sup> For as long as the son of Jesse lives on the earth, neither you nor your kingdom shall be established. Therefore send and bring him to me, for he shall surely die."<sup>32</sup> Then Jonathan answered Saul his father, "Why should he be put to death? What has he done?"<sup>33</sup> But Saul hurled his spear at him to strike him. So Jonathan knew that his father was determined to put David to death.<sup>34</sup> And Jonathan rose from the table in fierce anger and ate no food the second day of the month, for he was grieved for David, because his father had disgraced him.

<sup>35</sup> In the morning Jonathan went out into the field to the appointment with David, and with him a little boy.<sup>36</sup> And he said to his boy, "Run and find the arrows that I shoot." As the boy ran, he shot an arrow beyond him.<sup>37</sup> And when the boy came to the place of the arrow that Jonathan had shot, Jonathan called after the boy and said, "Is not the arrow beyond you?"<sup>38</sup> And Jonathan called after the boy, "Hurry! Be quick! Do not stay!" So Jonathan's boy gathered up the arrows and came to his master.<sup>39</sup> But the boy knew nothing. Only Jonathan and David knew the matter.<sup>40</sup> And Jonathan gave his weapons to his boy and said to him, "Go and carry them to the city."<sup>41</sup> And as soon as the boy had gone, David rose from beside the stone heap and fell on his face to the ground and bowed three times. And they kissed one another and wept with one another, David weeping the most.<sup>42</sup> Then Jonathan said to David, "Go in peace, because we have sworn both of us in the name of the Lord, saying, 'The Lord shall be between me and you, and between my offspring and your offspring, forever.'" And he rose and departed, and Jonathan went into the city.







## 1 SAMUEL 21:1-22:5

**21** Then David came to Nob, to Ahimelech the priest. And Ahimelech came to meet David, trembling, and said to him, "Why are you alone, and no one with you?" <sup>2</sup> And David said to Ahimelech the priest, "The king has charged me with a matter and said to me, 'Let no one know anything of the matter about which I send you, and with which I have charged you.' I have made an appointment with the young men for such and such a place. <sup>3</sup> Now then, what do you have on hand? Give me five loaves of bread, or whatever is here." <sup>4</sup> And the priest answered David, "I have no common bread on hand, but there is holy bread—if the young men have kept themselves from women." <sup>5</sup> And David answered the priest, "Truly women have been kept from us as always when I go on an expedition. The vessels of the young men are holy even when it is an ordinary journey. How much more today will their vessels be holy?" <sup>6</sup> So the priest gave him the holy bread, for there was no bread there but the bread of the Presence, which is removed from before the Lord, to be replaced by hot bread on the day it is taken away.

<sup>7</sup> Now a certain man of the servants of Saul was there that day, detained before the Lord. His name was Doeg the Edomite, the chief of Saul's herdsmen.

<sup>8</sup> Then David said to Ahimelech, "Then have you not here a spear or a sword at hand? For I have brought neither my sword nor my weapons with me, because the king's business required haste." <sup>9</sup> And the priest said, "The sword of Goliath the Philistine, whom you struck down in the Valley of Elah, behold, it is here wrapped in a cloth behind the ephod. If you will take that, take it, for there is none but that here." And David said, "There is none like that; give it to me."

<sup>10</sup> And David rose and fled that day from Saul and went to Achish the king of Gath. <sup>11</sup> And the servants of Achish said to him, "Is not this David the king of the land? Did they not sing to one another of him in dances,

'Saul has struck down his thousands,  
and David his ten thousands'?"

<sup>12</sup> And David took these words to heart and was much afraid of Achish the king of Gath. <sup>13</sup> So he changed his behavior before them and pretended to be insane in their hands and made marks on the doors of the gate and let his spittle run down his beard. <sup>14</sup> Then Achish said to his servants, "Behold, you see the man is mad. Why then have you brought him to me? <sup>15</sup> Do I lack madmen, that you have brought this fellow to behave as a madman in my presence? Shall this fellow come into my house?"

**22** David departed from there and escaped to the cave of Adullam. And when his brothers and all his father's house heard it, they went down there to him. <sup>2</sup> And everyone who was in distress, and everyone who was in debt, and everyone who was bitter in soul, gathered to him. And he became commander over them. And there were with him about four hundred men.

<sup>3</sup> And David went from there to Mizpeh of Moab. And he said to the king of Moab, "Please let my father and my mother stay with you, till I know what God will do for me." <sup>4</sup> And he left them with the king of Moab, and they stayed with him all the time that David was in the stronghold. <sup>5</sup> Then the prophet Gad said to David, "Do not remain in the stronghold; depart, and go into the land of Judah." So David departed and went into the forest of Hereth.





## 1 SAMUEL 22:6-23

**22** Now Saul heard that David was discovered, and the men who were with him. Saul was sitting at Gibeah under the tamarisk tree on the height with his spear in his hand, and all his servants were standing about him. <sup>7</sup> And Saul said to his servants who stood about him, "Hear now, people of Benjamin; will the son of Jesse give every one of you fields and vineyards, will he make you all commanders of thousands and commanders of hundreds, <sup>8</sup> that all of you have conspired against me? No one discloses to me when my son makes a covenant with the son of Jesse. None of you is sorry for me or discloses to me that my son has stirred up my servant against me, to lie in wait, as at this day." <sup>9</sup> Then answered Doeg the Edomite, who stood by the servants of Saul, "I saw the son of Jesse coming to Nob, to Ahimelech the son of Ahitub, <sup>10</sup> and he inquired of the Lord for him and gave him provisions and gave him the sword of Goliath the Philistine."

<sup>11</sup> Then the king sent to summon Ahimelech the priest, the son of Ahitub, and all his father's house, the priests who were at Nob, and all of them came to the king. <sup>12</sup> And Saul said, "Hear now, son of Ahitub." And he answered, "Here I am, my lord." <sup>13</sup> And Saul said to him, "Why have you conspired against me, you and the son of Jesse, in that you have given him bread and a sword and have inquired of God for him, so that he has risen against me, to lie in wait, as at this day?" <sup>14</sup> Then Ahimelech answered the king, "And who among all your servants is so faithful as David, who is the king's son-in-law, and captain over your bodyguard, and honored in your house? <sup>15</sup> Is today the first time that I have inquired of God for him? No! Let not the king impute anything to his servant or to all the house of my father, for your servant has known nothing of all this, much or little." <sup>16</sup> And the king said, "You shall surely die, Ahimelech, you and all your father's house." <sup>17</sup> And the king said to the guard who stood about him, "Turn and kill the priests of the Lord, because their hand also is with David, and they knew that he fled and did not disclose it to me." But the servants of the king would not put out their hand to strike the priests of the Lord. <sup>18</sup> Then the king said to Doeg, "You turn and strike the priests." And Doeg the Edomite turned and struck down the priests, and he killed on that day eighty-five persons who wore the linen ephod. <sup>19</sup> And Nob, the city of the priests, he put to the sword; both man and woman, child and infant, ox, donkey and sheep, he put to the sword.

<sup>20</sup> But one of the sons of Ahimelech the son of Ahitub, named Abiathar, escaped and fled after David. <sup>21</sup> And Abiathar told David that Saul had killed the priests of the Lord. <sup>22</sup> And David said to Abiathar, "I knew on that day, when Doeg the Edomite was there, that he would surely tell Saul. I have occasioned the death of all the persons of your father's house. <sup>23</sup> Stay with

me; do not be afraid, for he who seeks my life seeks your life. With me you shall be in safekeeping.”







**23** Now they told David, "Behold, the Philistines are fighting against Keilah and are robbing the threshing floors." <sup>2</sup> Therefore David inquired of the Lord, "Shall I go and attack these Philistines?" And the Lord said to David, "Go and attack the Philistines and save Keilah." <sup>3</sup> But David's men said to him, "Behold, we are afraid here in Judah; how much more then if we go to Keilah against the armies of the Philistines?" <sup>4</sup> Then David inquired of the Lord again. And the Lord answered him, "Arise, go down to Keilah, for I will give the Philistines into your hand." <sup>5</sup> And David and his men went to Keilah and fought with the Philistines and brought away their livestock and struck them with a great blow. So David saved the inhabitants of Keilah.

<sup>6</sup> When Abiathar the son of Ahimelech had fled to David to Keilah, he had come down with an ephod in his hand. <sup>7</sup> Now it was told Saul that David had come to Keilah. And Saul said, "God has given him into my hand, for he has shut himself in by entering a town that has gates and bars." <sup>8</sup> And Saul summoned all the people to war, to go down to Keilah, to besiege David and his men. <sup>9</sup> David knew that Saul was plotting harm against him. And he said to Abiathar the priest, "Bring the ephod here." <sup>10</sup> Then David said, "O Lord, the God of Israel, your servant has surely heard that Saul seeks to come to Keilah, to destroy the city on my account. <sup>11</sup> Will the men of Keilah surrender me into his hand? Will Saul come down, as your servant has heard? O Lord, the God of Israel, please tell your servant." And the Lord said, "He will come down." <sup>12</sup> Then David said, "Will the men of Keilah surrender me and my men into the hand of Saul?" And the Lord said, "They will surrender you." <sup>13</sup> Then David and his men, who were about six hundred, arose and departed from Keilah, and they went wherever they could go. When Saul was told that David had escaped from Keilah, he gave up the expedition. <sup>14</sup> And David remained in the strongholds in the wilderness, in the hill country of the wilderness of Ziph. And Saul sought him every day, but God did not give him into his hand.

<sup>15</sup> David saw that Saul had come out to seek his life. David was in the wilderness of Ziph at Horesh. <sup>16</sup> And Jonathan, Saul's son, rose and went to David at Horesh, and strengthened his hand in God. <sup>17</sup> And he said to him, "Do not fear, for the hand of Saul my father shall not find you. You shall be king over Israel, and I shall be next to you. Saul my father also knows this." <sup>18</sup> And the two of them made a covenant before the Lord. David remained at Horesh, and Jonathan went home.

<sup>19</sup> Then the Ziphites went up to Saul at Gibeah, saying, "Is not David hiding among us in the strongholds at Horesh, on the hill of Hachilah, which is

south of Jeshimon? <sup>20</sup> Now come down, O king, according to all your heart's desire to come down, and our part shall be to surrender him into the king's hand." <sup>21</sup> And Saul said, "May you be blessed by the Lord, for you have had compassion on me. <sup>22</sup> Go, make yet more sure. Know and see the place where his foot is, and who has seen him there, for it is told me that he is very cunning. <sup>23</sup> See therefore and take note of all the lurking places where he hides, and come back to me with sure information. Then I will go with you. And if he is in the land, I will search him out among all the thousands of Judah." <sup>24</sup> And they arose and went to Ziph ahead of Saul.

Now David and his men were in the wilderness of Maon, in the Arabah to the south of Jeshimon. <sup>25</sup> And Saul and his men went to seek him. And David was told, so he went down to the rock and lived in the wilderness of Maon. And when Saul heard that, he pursued after David in the wilderness of Maon. <sup>26</sup> Saul went on one side of the mountain, and David and his men on the other side of the mountain. And David was hurrying to get away from Saul. As Saul and his men were closing in on David and his men to capture them, <sup>27</sup> a messenger came to Saul, saying, "Hurry and come, for the Philistines have made a raid against the land." <sup>28</sup> So Saul returned from pursuing after David and went against the Philistines. Therefore that place was called the Rock of Escape. <sup>29</sup> And David went up from there and lived in the strongholds of Engedi.





**24** When Saul returned from following the Philistines, he was told, "Behold, David is in the wilderness of Engedi."<sup>2</sup> Then Saul took three thousand chosen men out of all Israel and went to seek David and his men in front of the Wildgoats' Rocks.<sup>3</sup> And he came to the sheepfolds by the way, where there was a cave, and Saul went in to relieve himself. Now David and his men were sitting in the innermost parts of the cave.<sup>4</sup> And the men of David said to him, "Here is the day of which the Lord said to you, 'Behold, I will give your enemy into your hand, and you shall do to him as it shall seem good to you.'" Then David arose and stealthily cut off a corner of Saul's robe.<sup>5</sup> And afterward David's heart struck him, because he had cut off a corner of Saul's robe.<sup>6</sup> He said to his men, "The Lord forbid that I should do this thing to my lord, the Lord's anointed, to put out my hand against him, seeing he is the Lord's anointed."<sup>7</sup> So David persuaded his men with these words and did not permit them to attack Saul. And Saul rose up and left the cave and went on his way.

<sup>8</sup> Afterward David also arose and went out of the cave, and called after Saul, "My lord the king!" And when Saul looked behind him, David bowed with his face to the earth and paid homage.<sup>9</sup> And David said to Saul, "Why do you listen to the words of men who say, 'Behold, David seeks your harm'?"<sup>10</sup> Behold, this day your eyes have seen how the Lord gave you today into my hand in the cave. And some told me to kill you, but I spared you. I said, 'I will not put out my hand against my lord, for he is the Lord's anointed.'<sup>11</sup> See, my father, see the corner of your robe in my hand. For by the fact that I cut off the corner of your robe and did not kill you, you may know and see that there is no wrong or treason in my hands. I have not sinned against you, though you hunt my life to take it.<sup>12</sup> May the Lord judge between me and you, may the Lord avenge me against you, but my hand shall not be against you.<sup>13</sup> As the proverb of the ancients says, 'Out of the wicked comes wickedness.' But my hand shall not be against you.<sup>14</sup> After whom has the king of Israel come out? After whom do you pursue? After a dead dog! After a flea!<sup>15</sup> May the Lord therefore be judge and give sentence between me and you, and see to it and plead my cause and deliver me from your hand."

<sup>16</sup> As soon as David had finished speaking these words to Saul, Saul said, "Is this your voice, my son David?" And Saul lifted up his voice and wept.

<sup>17</sup> He said to David, "You are more righteous than I, for you have repaid me good, whereas I have repaid you evil."<sup>18</sup> And you have declared this day how you have dealt well with me, in that you did not kill me when the Lord put me into your hands.<sup>19</sup> For if a man finds his enemy, will he let him go away safe? So may the Lord reward you with good for what you have done to

me this day. <sup>20</sup> And now, behold, I know that you shall surely be king, and that the kingdom of Israel shall be established in your hand. <sup>21</sup> Swear to me therefore by the Lord that you will not cut off my offspring after me, and that you will not destroy my name out of my father's house." <sup>22</sup> And David swore this to Saul. Then Saul went home, but David and his men went up to the stronghold.

**25** Now Samuel died. And all Israel assembled and mourned for him, and they buried him in his house at Ramah.

Then David rose and went down to the wilderness of Paran. <sup>2</sup> And there was a man in Maon whose business was in Carmel. The man was very rich; he had three thousand sheep and a thousand goats. He was shearing his sheep in Carmel. <sup>3</sup> Now the name of the man was Nabal, and the name of his wife Abigail. The woman was discerning and beautiful, but the man was harsh and badly behaved; he was a Calebite. <sup>4</sup> David heard in the wilderness that Nabal was shearing his sheep. <sup>5</sup> So David sent ten young men. And David said to the young men, "Go up to Carmel, and go to Nabal and greet him in my name. <sup>6</sup> And thus you shall greet him: 'Peace be to you, and peace be to your house, and peace be to all that you have. <sup>7</sup> I hear that you have shearers. Now your shepherds have been with us, and we did them no harm, and they missed nothing all the time they were in Carmel. <sup>8</sup> Ask your young men, and they will tell you. Therefore let my young men find favor in your eyes, for we come on a feast day. Please give whatever you have at hand to your servants and to your son David.'"

<sup>9</sup> When David's young men came, they said all this to Nabal in the name of David, and then they waited. <sup>10</sup> And Nabal answered David's servants, "Who is David? Who is the son of Jesse? There are many servants these days who are breaking away from their masters. <sup>11</sup> Shall I take my bread and my water and my meat that I have killed for my shearers and give it to men who come from I do not know where?" <sup>12</sup> So David's young men turned away and came back and told him all this. <sup>13</sup> And David said to his men, "Every man strap on his sword!" And every man of them strapped on his sword. David also strapped on his sword. And about four hundred men went up after David, while two hundred remained with the baggage.

<sup>14</sup> But one of the young men told Abigail, Nabal's wife, "Behold, David sent messengers out of the wilderness to greet our master, and he railed at them. <sup>15</sup> Yet the men were very good to us, and we suffered no harm, and we did not miss anything when we were in the fields, as long as we went with



them. <sup>16</sup> They were a wall to us both by night and by day, all the while we were with them keeping the sheep. <sup>17</sup> Now therefore know this and consider what you should do, for harm is determined against our master and against all his house, and he is such a worthless man that one cannot speak to him."

<sup>18</sup> Then Abigail made haste and took two hundred loaves and two skins of wine and five sheep already prepared and five seahs of parched grain and a hundred clusters of raisins and two hundred cakes of figs, and laid them on donkeys. <sup>19</sup> And she said to her young men, "Go on before me; behold, I come after you." But she did not tell her husband Nabal. <sup>20</sup> And as she rode on the donkey and came down under cover of the mountain, behold, David and his men came down toward her, and she met them. <sup>21</sup> Now David had said, "Surely in vain have I guarded all that this fellow has in the wilderness, so that nothing was missed of all that belonged to him, and he has returned me evil for good. <sup>22</sup> God do so to the enemies of David and more also, if by morning I leave so much as one male of all who belong to him."

<sup>23</sup> When Abigail saw David, she hurried and got down from the donkey and fell before David on her face and bowed to the ground. <sup>24</sup> She fell at his feet and said, "On me alone, my lord, be the guilt. Please let your servant speak in your ears, and hear the words of your servant. <sup>25</sup> Let not my lord regard this worthless fellow, Nabal, for as his name is, so is he. Nabal is his name, and folly is with him. But I your servant did not see the young men of my lord, whom you sent. <sup>26</sup> Now then, my lord, as the Lord lives, and as your soul lives, because the Lord has restrained you from bloodguilt and from saving with your own hand, now then let your enemies and those who seek to do evil to my lord be as Nabal. <sup>27</sup> And now let this present that your servant has brought to my lord be given to the young men who follow my lord. <sup>28</sup> Please forgive the trespass of your servant. For the Lord will certainly make my lord a sure house, because my lord is fighting the battles of the Lord, and evil shall not be found in you so long as you live. <sup>29</sup> If men rise up to pursue you and to seek your life, the life of my lord shall be bound in the bundle of the living in the care of the Lord your God. And the lives of your enemies he shall sling out as from the hollow of a sling. <sup>30</sup> And when the Lord has done to my lord according to all the good that he has spoken concerning you and has appointed you prince over Israel, <sup>31</sup> my lord shall have no cause of grief or pangs of conscience for having shed blood without cause or for my lord working salvation himself. And when the Lord has dealt well with my lord, then remember your servant."

<sup>32</sup> And David said to Abigail, "Blessed be the Lord, the God of Israel, who sent you this day to meet me! <sup>33</sup> Blessed be your discretion, and blessed be you,

who have kept me this day from bloodguilt and from working salvation with my own hand! <sup>34</sup> For as surely as the Lord, the God of Israel, lives, who has restrained me from hurting you, unless you had hurried and come to meet me, truly by morning there had not been left to Nabal so much as one male."

<sup>35</sup> Then David received from her hand what she had brought him. And he said to her, "Go up in peace to your house. See, I have obeyed your voice, and I have granted your petition."

<sup>36</sup> And Abigail came to Nabal, and behold, he was holding a feast in his house, like the feast of a king. And Nabal's heart was merry within him, for he was very drunk. So she told him nothing at all until the morning light.

<sup>37</sup> In the morning, when the wine had gone out of Nabal, his wife told him these things, and his heart died within him, and he became as a stone.

<sup>38</sup> And about ten days later the Lord struck Nabal, and he died.

<sup>39</sup> When David heard that Nabal was dead, he said, "Blessed be the Lord who has avenged the insult I received at the hand of Nabal, and has kept back his servant from wrongdoing. The Lord has returned the evil of Nabal on his own head." Then David sent and spoke to Abigail, to take her as his wife.

<sup>40</sup> When the servants of David came to Abigail at Carmel, they said to her, "David has sent us to you to take you to him as his wife." <sup>41</sup> And she rose and bowed with her face to the ground and said, "Behold, your handmaid is a servant to wash the feet of the servants of my lord." <sup>42</sup> And Abigail hurried and rose and mounted a donkey, and her five young women attended her. She followed the messengers of David and became his wife.

<sup>43</sup> David also took Ahinoam of Jezreel, and both of them became his wives.

<sup>44</sup> Saul had given Michal his daughter, David's wife, to Palti the son of Laish, who was of Gallim.

**26** Then the Ziphites came to Saul at Gibeah, saying, "Is not David hiding himself on the hill of Hachilah, which is on the east of Jeshimon?" <sup>2</sup> So Saul arose and went down to the wilderness of Ziph with three thousand chosen men of Israel to seek David in the wilderness of Ziph. <sup>3</sup> And Saul encamped on the hill of Hachilah, which is beside the road on the east of Jeshimon. But David remained in the wilderness. When he saw that Saul came after him into the wilderness, <sup>4</sup> David sent out spies and learned that Saul had indeed come. <sup>5</sup> Then David rose and came to the place where Saul had encamped. And David saw the place where Saul lay, with Abner the son of Ner, the commander of his army. Saul was lying within the encampment, while the army was encamped around him.

<sup>6</sup> Then David said to Ahimelech the Hittite, and to Joab's brother Abishai the son of Zeruiah, "Who will go down with me into the camp to Saul?" And Abishai said, "I will go down with you." <sup>7</sup> So David and Abishai went to the army by night. And there lay Saul sleeping within the encampment, with his spear stuck in the ground at his head, and Abner and the army lay around him. <sup>8</sup> Then Abishai said to David, "God has given your enemy into your hand this day. Now please let me pin him to the earth with one stroke of the spear, and I will not strike him twice." <sup>9</sup> But David said to Abishai, "Do not destroy him, for who can put out his hand against the Lord's anointed and be guiltless?" <sup>10</sup> And David said, "As the Lord lives, the Lord will strike him, or his day will come to die, or he will go down into battle and perish. <sup>11</sup> The Lord forbid that I should put out my hand against the Lord's anointed. But take now the spear that is at his head and the jar of water, and let us go." <sup>12</sup> So David took the spear and the jar of water from Saul's head, and they went away. No man saw it or knew it, nor did any awake, for they were all asleep, because a deep sleep from the Lord had fallen upon them.

<sup>13</sup> Then David went over to the other side and stood far off on the top of the hill, with a great space between them. <sup>14</sup> And David called to the army, and to Abner the son of Ner, saying, "Will you not answer, Abner?" Then Abner answered, "Who are you who calls to the king?" <sup>15</sup> And David said to Abner, "Are you not a man? Who is like you in Israel? Why then have you not kept watch over your lord the king? For one of the people came in to destroy the king your lord. <sup>16</sup> This thing that you have done is not good. As the Lord lives, you deserve to die, because you have not kept watch over your lord, the Lord's anointed. And now see where the king's spear is and the jar of water that was at his head."

<sup>17</sup> Saul recognized David's voice and said, "Is this your voice, my son David?" And David said, "It is my voice, my lord, O king." <sup>18</sup> And he said, "Why does my lord pursue after his servant? For what have I done? What evil is on my hands?" <sup>19</sup> Now therefore let my lord the king hear the words of his servant. If it is the Lord who has stirred you up against me, may he accept an offering, but if it is men, may they be cursed before the Lord, for they have driven me out this day that I should have no share in the heritage of the Lord, saying, 'Go, serve other gods.' <sup>20</sup> Now therefore, let not my blood fall to the earth away from the presence of the Lord, for the king of Israel has come out to seek a single flea like one who hunts a partridge in the mountains."

<sup>21</sup> Then Saul said, "I have sinned. Return, my son David, for I will no more

do you harm, because my life was precious in your eyes this day. Behold, I have acted foolishly, and have made a great mistake." <sup>22</sup> And David answered and said, "Here is the spear, O king! Let one of the young men come over and take it. <sup>23</sup> The Lord rewards every man for his righteousness and his faithfulness, for the Lord gave you into my hand today, and I would not put out my hand against the Lord's anointed. <sup>24</sup> Behold, as your life was precious this day in my sight, so may my life be precious in the sight of the Lord, and may he deliver me out of all tribulation." <sup>25</sup> Then Saul said to David, "Blessed be you, my son David! You will do many things and will succeed in them." So David went his way, and Saul returned to his place.





## 1 SAMUEL 27-28:2

**27** Then David said in his heart, "Now I shall perish one day by the hand of Saul. There is nothing better for me than that I should escape to the land of the Philistines. Then Saul will despair of seeking me any longer within the borders of Israel, and I shall escape out of his hand." <sup>2</sup> So David arose and went over, he and the six hundred men who were with him, to Achish the son of Maach, king of Gath. <sup>3</sup> And David lived with Achish at Gath, he and his men, every man with his household, and David with his two wives, Ahinoam of Jezreel, and Abigail of Carmel, Nabal's widow. <sup>4</sup> And when it was told Saul that David had fled to Gath, he no longer sought him.

<sup>5</sup> Then David said to Achish, "If I have found favor in your eyes, let a place be given me in one of the country towns, that I may dwell there. For why should your servant dwell in the royal city with you?" <sup>6</sup> So that day Achish gave him Ziklag. Therefore Ziklag has belonged to the kings of Judah to this day. <sup>7</sup> And the number of the days that David lived in the country of the Philistines was a year and four months.

<sup>8</sup> Now David and his men went up and made raids against the Geshurites, the Girzites, and the Amalekites, for these were the inhabitants of the land from of old, as far as Shur, to the land of Egypt. <sup>9</sup> And David would strike the land and would leave neither man nor woman alive, but would take away the sheep, the oxen, the donkeys, the camels, and the garments, and come back to Achish. <sup>10</sup> When Achish asked, "Where have you made a raid today?" David would say, "Against the Negeb of Judah," or, "Against the Negeb of the Jerahmeelites," or, "Against the Negeb of the Kenites." <sup>11</sup> And David would leave neither man nor woman alive to bring news to Gath, thinking, "lest they should tell about us and say, 'So David has done.'" Such was his custom all the while he lived in the country of the Philistines. <sup>12</sup> And Achish trusted David, thinking, "He has made himself an utter stench to his people Israel; therefore he shall always be my servant."

**28** In those days the Philistines gathered their forces for war, to fight against Israel. And Achish said to David, "Understand that you and your men are to go out with me in the army." <sup>2</sup> David said to Achish, "Very well, you shall know what your servant can do." And Achish said to David, "Very well, I will make you my bodyguard for life."







## 1 SAMUEL 28:3-25

**28** Now Samuel had died, and all Israel had mourned for him and buried him in Ramah, his own city. And Saul had put the mediums and the necromancers out of the land. <sup>4</sup> The Philistines assembled and came and encamped at Shunem. And Saul gathered all Israel, and they encamped at Gilboa. <sup>5</sup> When Saul saw the army of the Philistines, he was afraid, and his heart trembled greatly. <sup>6</sup> And when Saul inquired of the Lord, the Lord did not answer him, either by dreams, or by Urim, or by prophets. <sup>7</sup> Then Saul said to his servants, "Seek out for me a woman who is a medium, that I may go to her and inquire of her." And his servants said to him, "Behold, there is a medium at En-dor."

<sup>8</sup> So Saul disguised himself and put on other garments and went, he and two men with him. And they came to the woman by night. And he said, "Divine for me by a spirit and bring up for me whomever I shall name to you." <sup>9</sup> The woman said to him, "Surely you know what Saul has done, how he has cut off the mediums and the necromancers from the land. Why then are you laying a trap for my life to bring about my death?" <sup>10</sup> But Saul swore to her by the Lord, "As the Lord lives, no punishment shall come upon you for this thing." <sup>11</sup> Then the woman said, "Whom shall I bring up for you?" He said, "Bring up Samuel for me." <sup>12</sup> When the woman saw Samuel, she cried out with a loud voice. And the woman said to Saul, "Why have you deceived me? You are Saul." <sup>13</sup> The king said to her, "Do not be afraid. What do you see?" And the woman said to Saul, "I see a god coming up out of the earth." <sup>14</sup> He said to her, "What is his appearance?" And she said, "An old man is coming up, and he is wrapped in a robe." And Saul knew that it was Samuel, and he bowed with his face to the ground and paid homage.

<sup>15</sup> Then Samuel said to Saul, "Why have you disturbed me by bringing me up?" Saul answered, "I am in great distress, for the Philistines are warring against me, and God has turned away from me and answers me no more, either by prophets or by dreams. Therefore I have summoned you to tell me what I shall do." <sup>16</sup> And Samuel said, "Why then do you ask me, since the Lord has turned from you and become your enemy?" <sup>17</sup> The Lord has done to you as he spoke by me, for the Lord has torn the kingdom out of your hand and given it to your neighbor, David. <sup>18</sup> Because you did not obey the voice of the Lord and did not carry out his fierce wrath against Amalek, therefore the Lord has done this thing to you this day. <sup>19</sup> Moreover, the Lord will give Israel also with you into the hand of the Philistines, and tomorrow you and your sons shall be with me. The Lord will give the army of Israel also into the hand of the Philistines."

<sup>20</sup> Then Saul fell at once full length on the ground, filled with fear because

of the words of Samuel. And there was no strength in him, for he had eaten nothing all day and all night. <sup>21</sup> And the woman came to Saul, and when she saw that he was terrified, she said to him, "Behold, your servant has obeyed you. I have taken my life in my hand and have listened to what you have said to me. <sup>22</sup> Now therefore, you also obey your servant. Let me set a morsel of bread before you; and eat, that you may have strength when you go on your way." <sup>23</sup> He refused and said, "I will not eat." But his servants, together with the woman, urged him, and he listened to their words. So he arose from the earth and sat on the bed. <sup>24</sup> Now the woman had a fattened calf in the house, and she quickly killed it, and she took flour and kneaded it and baked unleavened bread of it, <sup>25</sup> and she put it before Saul and his servants, and they ate. Then they rose and went away that night.





**29** Now the Philistines had gathered all their forces at Aphek. And the Israelites were encamped by the spring that is in Jezreel. <sup>2</sup> As the lords of the Philistines were passing on by hundreds and by thousands, and David and his men were passing on in the rear with Achish, <sup>3</sup> the commanders of the Philistines said, "What are these Hebrews doing here?" And Achish said to the commanders of the Philistines, "Is this not David, the servant of Saul, king of Israel, who has been with me now for days and years, and since he deserted to me I have found no fault in him to this day." <sup>4</sup> But the commanders of the Philistines were angry with him. And the commanders of the Philistines said to him, "Send the man back, that he may return to the place to which you have assigned him. He shall not go down with us to battle, lest in the battle he become an adversary to us. For how could this fellow reconcile himself to his lord? Would it not be with the heads of the men here? <sup>5</sup> Is not this David, of whom they sing to one another in dances,

'Saul has struck down his thousands,  
and David his ten thousands'?"

<sup>6</sup> Then Achish called David and said to him, "As the Lord lives, you have been honest, and to me it seems right that you should march out and in with me in the campaign. For I have found nothing wrong in you from the day of your coming to me to this day. Nevertheless, the lords do not approve of you. <sup>7</sup> So go back now; and go peaceably, that you may not displease the lords of the Philistines." <sup>8</sup> And David said to Achish, "But what have I done? What have you found in your servant from the day I entered your service until now, that I may not go and fight against the enemies of my lord the king?" <sup>9</sup> And Achish answered David and said, "I know that you are as blameless in my sight as an angel of God. Nevertheless, the commanders of the Philistines have said, 'He shall not go up with us to the battle.' <sup>10</sup> Now then rise early in the morning with the servants of your lord who came with you, and start early in the morning, and depart as soon as you have light."

<sup>11</sup> So David set out with his men early in the morning to return to the land of the Philistines. But the Philistines went up to Jezreel.









**30** Now when David and his men came to Ziklag on the third day, the Amalekites had made a raid against the Negeb and against Ziklag. They had overcome Ziklag and burned it with fire <sup>2</sup> and taken captive the women and all who were in it, both small and great. They killed no one, but carried them off and went their way. <sup>3</sup> And when David and his men came to the city, they found it burned with fire, and their wives and sons and daughters taken captive. <sup>4</sup> Then David and the people who were with him raised their voices and wept until they had no more strength to weep. <sup>5</sup> David's two wives also had been taken captive, Ahinoam of Jezreel and Abigail the widow of Nabal of Carmel. <sup>6</sup> And David was greatly distressed, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But David strengthened himself in the Lord his God.

<sup>7</sup> And David said to Abiathar the priest, the son of Ahimelech, "Bring me the ephod." So Abiathar brought the ephod to David. <sup>8</sup> And David inquired of the Lord, "Shall I pursue after this band? Shall I overtake them?" He answered him, "Pursue, for you shall surely overtake and shall surely rescue." <sup>9</sup> So David set out, and the six hundred men who were with him, and they came to the brook Besor, where those who were left behind stayed. <sup>10</sup> But David pursued, he and four hundred men. Two hundred stayed behind, who were too exhausted to cross the brook Besor.

<sup>11</sup> They found an Egyptian in the open country and brought him to David. And they gave him bread and he ate. They gave him water to drink, <sup>12</sup> and they gave him a piece of a cake of figs and two clusters of raisins. And when he had eaten, his spirit revived, for he had not eaten bread or drunk water for three days and three nights. <sup>13</sup> And David said to him, "To whom do you belong? And where are you from?" He said, "I am a young man of Egypt, servant to an Amalekite, and my master left me behind because I fell sick three days ago. <sup>14</sup> We had made a raid against the Negeb of the Cherethites and against that which belongs to Judah and against the Negeb of Caleb, and we burned Ziklag with fire." <sup>15</sup> And David said to him, "Will you take me down to this band?" And he said, "Swear to me by God that you will not kill me or deliver me into the hands of my master, and I will take you down to this band."

<sup>16</sup> And when he had taken him down, behold, they were spread abroad over all the land, eating and drinking and dancing, because of all the great spoil they had taken from the land of the Philistines and from the land of Judah. <sup>17</sup> And David struck them down from twilight until the evening of the next day, and not a man of them escaped, except four hundred young men, who mounted camels and fled. <sup>18</sup> David recovered all that the Amalekites had

taken, and David rescued his two wives. <sup>19</sup> Nothing was missing, whether small or great, sons or daughters, spoil or anything that had been taken. David brought back all. <sup>20</sup> David also captured all the flocks and herds, and the people drove the livestock before him, and said, "This is David's spoil."

<sup>21</sup> Then David came to the two hundred men who had been too exhausted to follow David, and who had been left at the brook Besor. And they went out to meet David and to meet the people who were with him. And when David came near to the people he greeted them. <sup>22</sup> Then all the wicked and worthless fellows among the men who had gone with David said, "Because they did not go with us, we will not give them any of the spoil that we have recovered, except that each man may lead away his wife and children, and depart." <sup>23</sup> But David said, "You shall not do so, my brothers, with what the Lord has given us. He has preserved us and given into our hand the band that came against us. <sup>24</sup> Who would listen to you in this matter? For as his share is who goes down into the battle, so shall his share be who stays by the baggage. They shall share alike." <sup>25</sup> And he made it a statute and a rule for Israel from that day forward to this day.

<sup>26</sup> When David came to Ziklag, he sent part of the spoil to his friends, the elders of Judah, saying, "Here is a present for you from the spoil of the enemies of the Lord." <sup>27</sup> It was for those in Bethel, in Ramoth of the Negeb, in Jattir, <sup>28</sup> in Aroer, in Siphmoth, in Eshtemoa, <sup>29</sup> in Racal, in the cities of the Jerahmeelites, in the cities of the Kenites, <sup>30</sup> in Hormah, in Bor-ashan, in Athach, <sup>31</sup> in Hebron, for all the places where David and his men had roamed.





**31** Now the Philistines were fighting against Israel, and the men of Israel fled before the Philistines and fell slain on Mount Gilboa. <sup>2</sup> And the Philistines overtook Saul and his sons, and the Philistines struck down Jonathan and Abinadab and Malchi-shua, the sons of Saul. <sup>3</sup> The battle pressed hard against Saul, and the archers found him, and he was badly wounded by the archers. <sup>4</sup> Then Saul said to his armor-bearer, "Draw your sword, and thrust me through with it, lest these uncircumcised come and thrust me through, and mistreat me." But his armor-bearer would not, for he feared greatly. Therefore Saul took his own sword and fell upon it. <sup>5</sup> And when his armor-bearer saw that Saul was dead, he also fell upon his sword and died with him. <sup>6</sup> Thus Saul died, and his three sons, and his armor-bearer, and all his men, on the same day together. <sup>7</sup> And when the men of Israel who were on the other side of the valley and those beyond the Jordan saw that the men of Israel had fled and that Saul and his sons were dead, they abandoned their cities and fled. And the Philistines came and lived in them.

<sup>8</sup> The next day, when the Philistines came to strip the slain, they found Saul and his three sons fallen on Mount Gilboa. <sup>9</sup> So they cut off his head and stripped off his armor and sent messengers throughout the land of the Philistines, to carry the good news to the house of their idols and to the people. <sup>10</sup> They put his armor in the temple of Ashteroth, and they fastened his body to the wall of Beth-shan. <sup>11</sup> But when the inhabitants of Jabesh-gilead heard what the Philistines had done to Saul, <sup>12</sup> all the valiant men arose and went all night and took the body of Saul and the bodies of his sons from the wall of Beth-shan, and they came to Jabesh and burned them there. <sup>13</sup> And they took their bones and buried them under the tamarisk tree in Jabesh and fasted seven days.









## EIGHT COMMITMENTS OF SMALL GROUP

*We want every small group member to embrace eight commitments.*

These commitments are based on the biblical mandate of *mutual ministry*, which is the driving force behind small groups. While each group has its own dynamic, these commitments are intended to set clear expectations and increase ownership among each small group member. Since healthy groups thrive on participation, clear commitments are a critical starting point. ***Healthy small groups consist of members who strive to live out all eight commitments.***

## **1. SPIRITUAL GROWTH**

I will pursue spiritual growth and encourage my group as they grow in their walk with Christ.

## **2. CULTIVATE RELATIONSHIPS**

I will be present and make it a priority to know and stay connected with the people in my group.

## **3. ACCEPT OWNERSHIP**

I will look for big and small ways to contribute and care for needs that come up in my group

## **4. BE AUTHENTIC**

I will trust, be transparent and strive to be open while maintaining respect and confidentiality in my group.

## **5. EMBRACE ACCOUNTABILITY**

I will invite my group to speak into my life while extending grace to my group.

## **6. CELEBRATE GROWTH**

I will encourage and celebrate when God is working in the lives of my group.

## **7. SERVE TOGETHER**

I will serve with my group and look for ways to be a witness for Christ.

## **8. MULTIPLY MINISTRY**

I will be open to new members and as we grow, we will multiply to advance God's work so more people can experience what we have experienced.

# CHARACTER QUALITIES FOR SPIRITUAL GROWTH



WHAT IS ONE CHARACTER QUALITY YOU WANT TO GROW IN THIS YEAR?  
HOW CAN WE SUPPORT YOU AS A SMALL GROUP?

**Boldness** – not afraid to share your faith with gentleness and conviction

**Compassion** – empathy for someone and the courage to act on their behalf

**Contentment** – being at peace rather than given to worry, anxiety, fear, jealousy, envy or the desire for more

**Even-Tempered** – not reacting with sinful anger or a quick temper

**Faith** – unswerving confidence in God and His promise of good regardless of present circumstances

**Forgiveness** – releasing someone from a wrong that has been done and not being bitter

**Honesty** – being truthful and above reproach in all things; not deceptive, hypocritical or slanting the truth

**Initiative** – inviting people into your life and taking an interest in others through hospitality and service

**Joy** – supernatural delight in the Lord that overflows into a love for others

**Kindness** – putting the needs and well-being of others first

**Patience** – a spirit of mercy, humility and trusting that God is in control

**Peace** – a sense of fulfillment and confidence that comes from being rightly related to God and others

**Purity** – thinking and acting in godly ways while fleeing from sexual immorality

**Self-Controlled** – bringing thoughts, emotions and actions under the control of the Holy Spirit

**Truth in Love** – willingness to speak what's right while not being harsh

**Wholesome Speech** – quick to build others up with words that edify; not given to vulgarity, gossip, slander, lying or demeaning sarcasm

# SPIRITUAL DISCIPLINES FOR SPIRITUAL GROWTH



WHAT AREA OF SPIRITUAL GROWTH DO YOU WANT TO FOCUS ON THIS SEMESTER?  
HOW CAN WE SUPPORT YOU AS A SMALL GROUP?

**Accountability** – inviting men or women into your life so you can be honest with yourself, honest with others and honest before the Lord

**Bible Study** – desire for God’s Word; regular time of reading, studying, meditating and applying Scripture

**Corporate Worship** – engaging with God and other believers by participating in weekend worship

**Fasting** – routinely fasting from food, media or activity to meet with the Lord through prayer, focus and dependence on Him

**Giving** – cheerfully and generously giving to the Lord and others through your time, talents and treasure

**Prayer** - a regular time of praise, confession and intercession

**Rest** – setting aside time to slow down and stop the busyness of life as a reminder that our final rest is in heaven

**Scripture Memory** – hiding God’s Word in your heart and reflecting on Scripture

**Serving** – looking for big and small ways to care for the needs of others



WHAT IS ONE RELATIONSHIP YOU WANT TO FOCUS ON THIS SEMESTER?  
HOW CAN WE SUPPORT YOU AS A SMALL GROUP?

*Spouse*

*Parent*

*Son*

*Daughter*

*Sibling*

*Friend*

*Neighbor*

*Co-Worker*

Accept, admonish, bear the burdens, build up, care for, comfort, confess your faults, encourage, forgive, be honest, greet, honor, be hospitable, be kind, love, pray for, be of the same mind, serve, spur on, submit to and be devoted to one another.

# ACCOUNTABILITY QUESTIONS FOR SPIRITUAL GROWTH



## WEEKLY GAUGE:

1. This week was great. My high was...
2. This week was bad. My low was...
3. This week was the same. I am stuck in a rut...



## VICTORY AND FAILURE:

1. What is one victory from this past month?
2. What is one failure from this past month?
3. How are you being recharged?
4. What has been most draining?
5. How can we pray for you or support you?



## MORAL GUARDRAILS:

1. Am I aware of any unconfessed sin in my life?
2. Do I have anyone I need to forgive or ask for forgiveness?
3. Have I been caught in gossip, jealousy, lying or complaining?
4. Have I been with a man or woman in an inappropriate way?
5. Have I exposed myself to any explicit materials this week?
6. Have I looked for opportunities to share Christ with others?
7. How have I demonstrated love and respect to my spouse?
8. How have I sought to have spiritual input with my family?